Alaska Clothing Guide

The weather varies throughout this great state. You could hit the hot summer days up to 90 degree in Fairbanks! The other days you maybe face the freezing cold on the cruise. Lastly, most tours are not cancelled because of rain.

It will be best if you pack your clothing for all seasons. It will keep you warm and dry no matter how environment surrounds you changed.

1. Clothing you can layer

- Long underwear, a fleece, and a waterproof/breathable shell
 - o **The inner layer:** long underwear like Cuddi Duds will keep you comfort under clothing without being bulky. They are great for keeping you dry and warm in the cold day.



Cuddi Duds

 The insulating layer: this middle layer could be a fleece jacket or even a light wool sweater. Synthetic materials and wool are better than cotton because of their lightness and warmth.



Fleece Jacket | backcountry.com

o **The outer layer:** you want waterproof and breathable for this layer. It can be a great idea if you have a thin outer jacket prepared in your backpack on some days that windy and rainy.



Packable Wind Jacket | backcountry.com

All these layers, you can peel them off on the hot days and use them when you need. They are thin and light weight so will not take much room in your suitcase/backpack.

2. Comfortable shoes and socks

Your Alaskan vacation will likely be outside or on trails. Lots of walking is usually involved. Forget your cotton socks. Wool socks are better choices; they keep your feet dry, breathable, and warm. The running/tennis shoes are acceptable for anything you will do except hiking steep hillsides. If you are bringing two pairs, it would not be a bad idea with the lightweight hiking shoes.



Daily Activities Wool Socks | rei.com



Running Shoes | runningwarehouse.com



Hiking Boots | rei.com

3. Light winter hat/gloves/scarf

These help to keep your head and ears warm when it gets cold without adding any weight on.



Winter Hat | rei.com



Microfleece Gloves | rei.com



Scarf | rei.com

4. Sunglasses and sunscreen

This is the land of Midnight sun, have your sunglasses and sunscreen handy.



Sunglasses | sunbeltoptic.com



Sunscreen | coppertone.com

5. Mosquito repellent

Fortunately, the bug problem is not so bad in most places where Alaska visitors spend time and only a big concern in June and July.

- o Wearing long sleeves shirts and pants keep the bugs away from your skin
- o Choose neutral colors. Mosquitoes attack to dark colors, especially blue.
- o <u>30-40% DEET</u> should be sufficient.

Alaska is the last frontier. Once you get away from Anchorage and the major cruise ports, Alaska is vast and remote. You may not find a Starbuck's on every corner but you will find amazing natural beauty.